



The GRAY punch card is good for all classes marked SilverSneakers in the Pool or the Dance Room. Examples include SilverSneakers Splash, SilverSneakers Circuit, SilverSneakers Classic, SilverSneakers Chair Yoga, SilverSneakers Muscle.



The YELLOW punch card is good for all non SilverSneakers classes in the Dance Room such as Chair Yoga, Cardio Fitness, Deb's Dance, Cardio Core & More, Human Reformer Pilates, Rhythm Ride, etc.



The BLUE punch card is good for all Aqua Fitness classes in the Pool such as Aqua Fitness and Deep Water Aqua Fitness.

Mindful Movements and Back on Track are always FREE and don't require a pass.

For questions about punch cards please contact Jenna Chase at jchase@sjcme.edu